



Bingo + Exercise = Bingocize

A fun 10-week health promotion program that combines the game of bingo with inclusive exercises for everyone!



Fall Prevention Workshop!

Where: Kool Family Center
200 W Michigan Avenue, Battle Creek

When: Mondays **and** Thursdays

Starting April 7, 2025

Time: 1:00 PM

Free
prizes
Lots of
smiles



Senior
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